

Prescription for Health in an Overtreated America

In an era of overtreatment and overmedication, *Prescription for Health in an Overtreated America* offers a much-needed guide to the optimal use of drugs.



Worried Sick: A Prescription for Health in an Overtreated America (H. Eugene and Lillian Youngs Lehman Series) by Richard Schwindt

★★★★☆ 4.1 out of 5

Language : English
File size : 1078 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 397 pages



Authors Eugene and Lillian Youngs provide a comprehensive overview of the risks and benefits of prescription drugs, empowering readers to make informed decisions about their own healthcare.

The Problem of Overtreatment

Overtreatment is a serious problem in the United States. A study by the Commonwealth Fund found that more than one-third of Americans have been prescribed unnecessary antibiotics in the past year. Another study by

the Institute of Medicine found that overtreatment is responsible for more than 100,000 deaths each year.

There are a number of factors that contribute to overtreatment, including:

- The pharmaceutical industry's aggressive marketing campaigns
- The fee-for-service payment system, which rewards doctors for prescribing more drugs
- The lack of patient education about the risks and benefits of drugs

Overtreatment can have a number of negative consequences, including:

- Increased risk of side effects
- Drug dependence
- Financial burden
- Death

The Optimal Use of Drugs

The goal of *Prescription for Health in an Overtreated America* is to help readers understand the risks and benefits of prescription drugs so that they can make informed decisions about their own healthcare.

The book covers a wide range of topics, including:

- How to choose the right doctor
- How to understand your prescriptions
- How to talk to your doctor about your concerns

- How to avoid unnecessary drugs
- How to use drugs safely and effectively

Prescription for Health in an Overtreated America is an essential guide for anyone who wants to take charge of their own healthcare. The book provides the information you need to make informed decisions about the use of prescription drugs, so that you can live a healthier life.

About the Authors

Eugene and Lillian Youngs are a husband-and-wife team of physicians who have been practicing medicine for over 40 years. They are the authors of several books on health and medical care, including *Prescription for Health in an Overtreated America*.

The Youngs are passionate about helping people understand the risks and benefits of prescription drugs. They believe that everyone has the right to make informed decisions about their own healthcare, and they hope that their book will help people do just that.

Free Download Your Copy Today

Prescription for Health in an Overtreated America is available now at your local bookstore or online. Free Download your copy today and take charge of your own healthcare!



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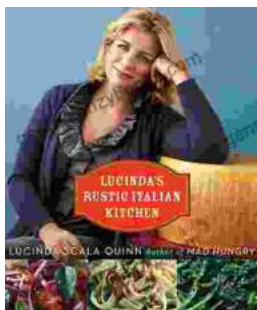
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