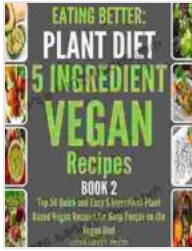


Top 50 Quick and Easy Ingredient Plant-Based Vegan Recipes for Busy People On-the-Go



EATING BETTER: Top 50 Quick and Easy 5 Ingredient Plant Based Vegan Recipes For Busy People on the Vegan Diet!!! (cook beautiful, eat happy, kitchen



matters, vegan, vegan health, vegan nutrition)

by Louise Wynn

★★★★★ 5 out of 5

Language : English
File size : 1141 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 81 pages
Lending : Enabled



If you're looking for a way to eat healthier, save money, and help the environment, then going vegan is a great option. But if you're like most people, you probably think that going vegan means eating bland, boring food. Not true! There are endless delicious and satisfying plant-based meals that you can make with just a few simple ingredients.

In this book, you'll find 50 quick and easy plant-based recipes that are perfect for busy people on-the-go. These recipes are all made with affordable ingredients that you can find at your local grocery store. And best of all, they're all delicious!

Here's a sneak peek of some of the recipes you'll find in this book:

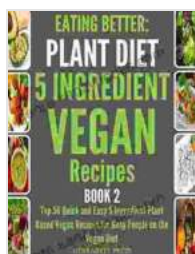
- Easy Vegan Burrito Bowls
- 15-Minute Vegan Pad Thai
- Creamy Vegan Pasta with Roasted Vegetables
- Easy Vegan Black Bean Tacos

- Vegan Chickpea Salad Sandwiches
- Quick and Easy Vegan Lentil Soup
- Creamy Vegan Tomato Soup
- Vegan Chocolate Chip Cookies
- Healthy Vegan Banana Bread
- Easy Vegan Oatmeal Cookies

Whether you're a seasoned vegan or just starting out, this book has something for everyone. So what are you waiting for? Free Download your copy of Top 50 Quick and Easy Ingredient Plant-Based Vegan Recipes for Busy People On-the-Go today!

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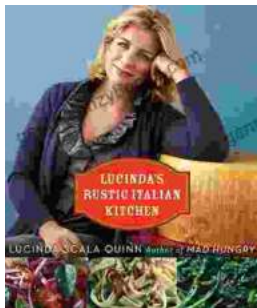
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